



# Adult Volleyball Summer League

Williamsburg Parks and Recreation Department

Summer 2016

**Season:** June 20 – August 5, 2016

**Cost:** Sand & Indoor Quads: \$125 per team

Sand Doubles: \$40 team

Leagues (Max Teams)	Days	Times
Women's "A" Indoor Quads (8)	Wednesday	6:30, 7:20, 8:10
Women's "B" Indoor Quads (8)	Wednesday	6:30, 7:20, 8:10
Co-Ed "A" Sand Quads (5)	Monday	6:10 & 7:00
Co-Ed "B" Sand Quads (5)	Monday	6:10 & 7:00
Co-Ed "C" Sand Quads (5)	Wednesday	6:10 & 7:00
Women's Sand Doubles (9)	Tuesday	6:10 & 7:00
Men's Sand Doubles (9)	Thursday	6:10 & 7:00
Mixed Sand Doubles (5)	Wednesday	6:10 & 7:00

## Deadline to Register: All Leagues – Friday, June 3, 2016

- Please submit registration fee and contact sheet at the time of registration.
- Rosters must include each player's complete address, phone number and signature. Rosters will be frozen on Friday, July 22<sup>nd</sup> no new players may be added after the date.
- Practices: Pre-season practice times are available beginning on June 1<sup>st</sup>. Practices will be available indoors on Mondays.
- Officials: Sand & Indoor Quads – an UP Referee is provided. Sand Doubles – teams are responsible for calling and scoring matches.

**For More Information, please call Williamsburg Parks & Recreation at (757) 259-3760.**



## Williamsburg Parks & Recreation Adult Volleyball Fact Sheet – Summer 2016

- SEASON:** June 20 – August 5, 2016
- ENTRY FEE:** **\$125** per team for Sand & Indoor Quads; **\$40** per team for Sand Doubles
- SITE & TIMES:** Quarterpath Recreation Center 6:30 - 10:00 p.m.
- DEADLINE:** **ALL LEAGUES - Friday, June 3<sup>rd</sup> @ 4:30 p.m.** All rosters and entry fees must be submitted to the Williamsburg Parks & Recreation Department located at 202 Quarterpath Road.
- ROSTERS:** All players must be listed on the team roster to be eligible to participate. Rosters will be frozen on July 22, 2016. No player may be added or deleted from the roster.
- AGE LIMIT:** All Players must be 17 years of age and older by June 20, 2016.
- MATCHES:** Matches consist of best of two out of three games, with the first two games using rally no cap scoring to twenty-one (21). The deciding games are rally scoring to fifteen (15), no cap, and switch courts at eight (8). Indoor will play three games to 21 rally scoring, no cap, but must win by 2. Games won and lost, not matches, will determine the standings.
- CO-ED RULE:** All co-ed teams must start a match with at least three (3) women and may never have more than three (3) men. Teams may finish a match with fewer than six (6) players as long as at least two (2) players of each gender are in the game at all times. A woman must contact the ball if there is more than one hit.
- CROSSEOVERS:** Players may compete on only 1 co-ed team and in addition may compete on only 1 women's team.
- OFFICIALS:** One UP Referee will be provided for Sand & Indoor Quads. Sand Doubles are responsible for honor calling and scoring matches.
- ELIGIBILITY:** There are no residency restrictions for any leagues. All players must be listed on the official roster along with their address, phone number, and signature.
- COACHES:** A mandatory coaches meeting will be held at the Quarterpath Recreation Center on Wednesday, June 9<sup>th</sup> at 6:00 p.m. The schedule will not be emailed or posted online until after the meeting.
- PRACTICES:** Beginning June 6<sup>th</sup>, and continuing throughout the season, practice space is available on Mondays, for indoor Quads. Practices are limited to 1 hour. Call 757-259-3760 to schedule.
- TOURNAMENTS:** Single elimination tournaments will be held for all leagues at the conclusion of the regular season. The top four teams per league will advance to the tournament.
- CONDUCT:** **Unsportsmanlike conduct will not be tolerated.** Warnings will be given for minor offenses. Repeat or major offenses will result in penalties ranging from points or side outs awarded up to ejection or suspension of players. Players ejected from a match must leave the court immediately and automatically be suspended for the next two (2) subsequent matches and possibly more depending on the severity of the offense.
- CHILD SAFETY:** **To prevent injuries and disruption of play, parents MUST have their children remain seated on the bleachers during warm-up & play.**

**Registration / Refund Information:** All registrations are accepted on a first-come, first served basis. Stop by the office at the Quarterpath Recreation Center to complete the registration/waiver form and pay the required fee (cash or check made payable to Williamsburg Recreation, VISA, MasterCard or American Express). The Williamsburg Department of Parks and Recreation does not discriminate on the basis of disability in the admission or access to, or treatment or employment in, its programs or activities. League refund requests must be made prior to the first day of games. Any request for a refund after the first day of games for illness, injury or re-location is subject to review by the Director. All refunds will be assessed a 10% administrative charge, not to exceed \$5.00. All refund requests must be made in writing, whether in person at the Quarterpath Recreation Center or by email to [apelleti@williamsburgva.gov](mailto:apelleti@williamsburgva.gov).

## Williamsburg Parks and Recreation Department

### Quads / Doubles Volleyball Rules: 4-on-4 League Rules

1. Teams on the court must consist of no more than four players and no fewer than three players. If at any time and for any reason a team is unable to field at least three players, they must forfeit. Team rosters must have a minimum of four players and a maximum of eight players. Co-ed teams must have one female and one male on the court at all times.
2. Games are the best of two out of three with the first two games using rally no cap scoring to twenty-one (21). Deciding games are rally scoring to fifteen (15), no cap, and switch courts at eight. Indoor season play is three games to twenty-one (21).
3. The service order of both teams must be recorded on the score sheet prior to the start of play.
4. The rotation order specified by the starting line-up must be maintained throughout the game.
5. Unlimited substitutions are allowed at the service position, as long as, all players taking part in the game are listed in the service order and the sequence is followed correctly for that game. The service sequence may be amended only for late arriving players or for players removed for injury, illness, or emergency. Once a player has been taken out of service sequence, he/she may not be re-added during the game. Otherwise, substitutions must be made player for player relative to service order with a limit of three entries per player.
6. Players are free to position themselves anywhere within their court. There are no position faults.
7. Any player is able to spike or block. There are no back row setter, hitter or blocker faults.
8. "Let" serves are legal. Balls served or played to the opponent must cross the net inside the antennae.
9. A player may have successive contacts with the ball during a single attempt to make the team's first contact unless fingers are used with intent to set or direct (not deflect) the ball. (Clean fingers are OK).
10. **Momentary lifts, pushes or finger double contacts are allowable ONLY on hard driven spikes.**
11. When contacting the ball with one hand, other than for setting the ball toward a teammate, the ball must be cleanly hit with the heel of palm of the hand (a "roll shot"), with straight, locked fingertips (a "cobra"), knurled fingers (a "camel toe") or with the back of the hand from the wrist to the knuckles. **Open handed "tips" or "dinks" using the fingers are illegal.**
12. Within the limits of the three team contacts, a player may contact a ball that is in the plane of the net below the net and between antennae in order to direct the ball to a teammate, as long as the ball has not been contacted by the opponents. The recovered ball must be brought back below the net.
13. Within the limits of the three team contacts, a player may contact a ball that has crossed the net completely outside the antennae in order to direct the ball to a teammate, so long as the ball has not been contacted by the opponents. Recovered ball must come back completely outside the same antenna.
14. Players may enter the opponent's court, space or free zone before, during or after a legal play of the ball, provided this does not interfere with the opponent's play. Incidental contact with an opponent is ignored, unless such contact interferes with the opponent's opportunity to play the ball.

15. If a player crosses the center line and interferes with the opponent during the continuation play, it is a fault, regardless of the opponent's ability to play the ball.
16. While players are not required to avoid a ball or opponent entering their court from the opposing side, they cannot intentionally interfere with any legal attempt by their opponent to play the ball.

**SAND DOUBLES ADDENDUM** - *The rules above apply with the following additions or exceptions:*

1. A team consists of two players: however, (one) replacement player may be used for an entire match up to four times during the season. Replacement players cannot be used in **playoffs or tournaments**. Replacement players may not be used from a team in the same league or a higher league.
2. A ball intentionally set into the opponents court must be contacted with two hands above the player's shoulders and set directly forward or backward with relation to his/her body.
3. If a player is discovered serving out of order, correction should be made immediately with no penalty. If discovered during play, play is stopped and the correct player re-serves. If discovered after the play ends, the result stands and the service order is corrected.
4. Blocking is counted as a team contact and any player may make the second contact after the block which leaves the third and final contact remaining.
5. Court switches will occur every ten points in twenty-one point games and every eight points in fifteen point games.

**WILLIAMSBURG PARKS & RECREATION DEPARTMENT**  
**ADULT VOLLEYBALL TEAM ROSTER – SUMMER 2016**

Team Name: \_\_\_\_\_

Coach: \_\_\_\_\_

Phone Numbers (H) \_\_\_\_\_

Address: \_\_\_\_\_

(W) \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

(C) \_\_\_\_\_

EMAIL: \_\_\_\_\_

League Entered: \_\_\_\_\_

I agree to play with the named team for the 2016 season according to the rules and regulations governing the league. The coaches and players are expected to act in a responsible and respectful manner. There will be no alcohol, cursing, fighting, drugs and physical nor verbal abuse of the players, referees, scorekeepers, fans or coaches allowed. This conduct is to be adhered to before, during, and after all practices, games and tournaments. If these rules are violated, City of Williamsburg Parks & Recreation Department will investigate each case to the fullest and disciplinary action will be taken.

**WAIVER FOR PARTICIPANT:** I hereby waive and release any and all rights and claims for damages I may have against the City of Williamsburg Parks and Recreation Department and its representatives, successors and assigns for any and all injuries suffered by myself while practicing and playing in the league games and tournaments (including pre- and post-season). I have read all league rules and agree to abide by them at all times during the season. I also agree to support the officials and the Williamsburg Parks & Recreation Department staff when removing anyone from the premises due to an above stated violation.

[illegible]



**Williamsburg Parks & Recreation Department**  
**Adult Volleyball Contact Information**  
**Summer 2016**

Please submit this form with your registration fee

**Team Name** \_\_\_\_\_

**Manager's Information:**

Name:		
Address:		
Phone:	<i>Primary:</i>	<i>Secondary:</i>
Email:		

**Alternate Contact Person:**

Name:		
Address:		
Phone:	<i>Primary:</i>	<i>Secondary:</i>
Email:		

**LEAGUES:**

- ☐ Women's "A" Indoor Quads
- ☐ Women's "B" Indoor Quads
- ☐ Co-Ed "A" Sand Quads
- ☐ Co-Ed "B" Sand Quads
- ☐ Co-Ed "C" Sand Quads
- ☐ Women's Sand Doubles
- ☐ Men's Sand Doubles
- ☐ Mixed Sand Doubles

**Primary Night:**

- Wednesday
- Wednesday
- Monday
- Monday
- Wednesday
- Tuesday
- Thursday
- Wednesday